

FAITH TRACKS

Basic Guides to Spiritual Growth • Track 1



HOW CAN I BE SURE THAT I AM A CHRISTIAN?

Let's suppose you're having a really bad day. You're late for school, you flunk your big test, your sweetheart breaks up with you, and the coach is all over you at the practice before the "big game." How do you know that Christ is still in your life?



Let's take a look at what God says in His Word.

1. A PROMISE OF CHRIST

- Read John 1:12.
- Write out John 3:16 – _____

- Who is speaking? _____
- Who is being spoken to? _____
- What does Christ promise? _____
- What do you have to do? _____
- What does it mean to believe? _____
- If you believe, can you be sure of having eternal life? _____
- Do you think Christ would lie to you or mislead you? _____
- Why or why not? _____

2. TWO KINDS OF LIVES

- Read 1 John 5:11-13.
- What are the two types of people mentioned in verse 12?
 1. _____
 2. _____
- Do you know, without a doubt, that you yourself have the Son? _____
- If you have the Son, what else do you have? _____
- What kind of life do you have? (verse 11) _____
- What is eternal life? _____
(A life in relationship with Christ now on earth and with Him for eternity)
- Can you know for sure that you have eternal life? (verse 13) _____

3. THE SHEPHERD AND SHEEP

- Read John 10:27-28.
- Who is the Shepherd? _____
- Who are the sheep? _____
- Who is holding on to whom? _____

4. THE LOVE OF GOD

- Read Romans 8:38-39.
- Is there anything that the author left out that could separate you from God's love? _____
- Why is it so important that nothing can separate you from the love of God? _____

5. RESPONDING TO HIS PROMISES

- Read Hebrews 13:5-6.
- What has God promised to Christians? (verse 5) _____
- Because of this promise, what should your attitude be? _____

6. DON'T DEPEND ON FEELINGS

The promise of God's Word, the Bible – not your feelings – is your authority. The train diagram below illustrates the relationship among **fact** (God and His Word), **faith** (your trust in God and His Word), and **feeling** (the result of your faith and obedience). (Read John 14:21.)

The train will run with or without the caboose. However, the caboose can't pull the train. In the same way, as a Christian, you can't depend on feelings or emotions, but you can and should place your faith (trust) in the trustworthiness of God and the promises of His Word.



7. ASSURANCE OF SALVATION

- How do you know that Christ is in your life? _____
- If you have invited Christ into your heart as your Savior, you can be certain that:
 1. Christ is in your life.
 2. You have eternal life.
 3. Christ will never leave you.